2074358_5000204.0725_HS_Medicare 2026 BT-Part B English Video_Final Cut

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GRANT TARBOX: Hello from HealthSpring, and welcome to "Benefit Tips with Dr. T." I'm Dr. Grant Tarbox, here with a few tips to help make the most of your Part B Giveback benefit, included in some plans.

SPEAKER: Is it me, or does this sound complicated?

GRANT TARBOX: You're not alone. But the part B Giveback is just a way to save on your Part B premium. Better yet, the savings are automatic. Here's how it works. We pay a portion of your Part B costs directly to Social Security. Then, Social Security deducts that amount from your monthly Part B premium bill.

SPEAKER: So I keep more of every Social Security benefit check, right?

GRANT TARBOX: You've got it. And here's a tip may take up to 90 days to see your savings due to processing time. But don't worry. You'll get a payment for every month that may be missed due to processing. Remember, you don't have to do anything to get started. Just keep your eyes open for savings in your Social Security check. Visit healthspring.com/resources and check out the rest of our benefit videos for more healthy tips.

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